

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lizl Van Heerden

Has successfully participated & completed the

Trailrun - 30km Run Light Duty Recce Mission 2021 MTB

held at Epilepsy SA Sport Field, Dullstroom.

**TIME** 04:40:08

PACE 6.43km/h

**OVERALL** 9 of 51

**GENDER** 4 of 30

MASTERS 2 of 8

23 April 2021, Fri

Date

